

# DARK SECRET RELEASE

## Message Notes

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6/8/14

Releasing Secret Fears

“For God will bring every deed into judgment, with every secret thing, whether good or evil.” *Ecclesiastes 12:14*

**Fear-** (*Phobeo*) *to be controlled and terrified by a belief or burden*

### Secret Fears:

Fear of People

Fear of Death

Fear of Storms

### Learning From Fear: - Matthew 8:23-27

#### **A: Fear reveals a loss of \_\_\_\_\_** v:23-25

Then Jesus got into the boat and started across the lake with his disciples. Suddenly, a fierce storm struck the lake, with waves breaking into the boat. But Jesus was sleeping. The disciples went and woke him up, shouting, “Lord, save us! We’re going to drown!” (Matthew 8:23-25 NLT)

#### **B: Fear reveals a lack of \_\_\_\_\_** v:26-27

But He said to them, “Why are you fearful, O you of little faith?” Then He arose and rebuked the winds and the sea, and there was a great calm. 27 So the men marveled, saying, “Who can this be, that even the winds and the sea obey Him?” (Matthew 8:26, 27 NKJV)

*“O God thy sea is so great and my boat is so small.”*

## Triumphing over Fear by Fixing my Faith:

### 1: Caulk unhealthy fear gaps with \_\_\_\_\_

Fear of the LORD is the foundation of wisdom. Knowledge of the Holy One results in good judgment. 11 Wisdom will multiply your days and add years to your life. (Proverbs 9:10, 11 NLT)

“So fear the LORD and serve him wholeheartedly. Put away forever the idols your ancestors worshiped when they lived beyond the Euphrates River and in Egypt. Serve the LORD alone. But if you refuse to serve the LORD, then choose today whom you will serve. Would you prefer the gods your ancestors served beyond the Euphrates? Or will it be the gods of the Amorites in whose land you now live? But as for me and my family, we will serve the LORD.” (Joshua 24:14, 15 NLT)

### 2: Change out rotted perspectives with \_\_\_\_\_

There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love. (1 John 4:18 NKJV)

Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me. (Psalms 23:4 NKJV)



#### My Next Steps:

- Read all of *Matthew 8: 23-27*
- Memorize 1 John 4:18 + Psalm 23:4
- Change my perspective
- Return for next week's message